Early Sprouts
Garden Harvest!

Moss St. preschoolers love their backyard garden! From digging in the soft fragrant earth, and planting a tiny seed so full of potential, to the excitement of spotting the first sprout poking its green shoot out of the ground. Then, to watch the plant grow taller and taller, and discover recognizable food hanging from it. But without a doubt, the best part is harvesting and eating the product of all that hard work! In our last week of summer term, the garden was yielding green beans, tomatoes, cucumbers, zucchini, and best of all CORN! Along with eating out of the garden, Emily Buffon, our afternoon teacher and garden guru, led the corn harvest one day as the children picked, shucked, and cooked the corn on one hot summer afternoon. It was sweet, juicy and delicious, all the children agreed!

The preschoolers are planning a trip to the UO Urban Farm during the Early Fall session, and are looking forward to seeing a bigger garden, apples and plums growing, and honey bee boxes. Urban Farm is located near the Fine Arts department, just off Franklin Blvd. The Urban Farm is generally open to visitors and a great place to meander among some amazing garden spaces! They are also looking for volunteers before Fall term starts to help out in the gardens, if you’re interested.
The preschoolers, middles, and school-age children also enjoyed trying some new cooking experiences with the older children making pickles from cucumbers and freezer jam from berries. These were new recipes for us, and they were very successful!

Looking ahead, this month we are focusing on the zucchini and tomatoes we are growing in our gardens, and looking forward to the beginning of Fall fruit season…applesauce maybe??