January 2012

REMINDERS

Schedule Change Deadline
Submit by February 15th, for a change to go into effect the first of March.

Spring Break Week - Moss Street Closed
Monday thru Friday March 26th - 30th.

Parent Council Meeting
Thursday, Jan 19th, 6:00p-7:15p.
Child care and dinner provided. Please sign up for child care at the front desk!

4j No-School Days
January 27th, the Jay/Mallard/Ellie classrooms are open all day. Parents of school agers must sign up at your child’s classroom to have care. All other classrooms at Moss Street are open as usual.

ORDER YOUR MOSS STREET T-SHIRTS!

Last summer, Moss Street regular staff received t-shirts, as shown here. We received so many comments on them, that we decided to make them available to all families and student staff, too.

Order forms available at the front desk!

Available in the following sizes:

- Infant: 6M, 12M 18M and 24M, $12.00 each.
- Toddler: 2T, 3T, and 4T, $12.00 each.
- Youth: XS (4), S (6-8), M (10-12), L (14-16), XL (18-20), $13.00 each.
- Men’s: Adult XS, Adult S, Adult M, Adult L, Adult XL, Adult XXL, $13.00 each.
- Women’s: Adult XS, Adult S, Adult M, Adult L, Adult XL, Adult XXL, $13.00 each.

You may pay by Cash, Check, or charge to your Moss Street account.
What I did over my winter break!

I stayed close to home. The reason being, my son was putting the finishing touches on his college applications. Consequently, I spent the break observing, supporting and facilitating his interest, helping him to indentify resources, and letting him experiment while being accessible. Sound familiar? This process provided me with yet another opportunity to parent from my values.

I remember agonizing over where my babies would sleep while they were infants. I think maybe I thought there was a right and a wrong choice to be found. My husband and I observed other parents and babies, we read everything we could find, surveyed our peers, relatives, and the professionals. For some topics, I playfully remarked to others that I was researching a thesis. In the end, a right and wrong dichotomy eluded us. We considered all that we gathered and our family’s values and experiences and trusted ourselves and tried something.

We have repeated this process throughout the lives of our children. As they grew, the questions changed but our process has remained amazingly constant. As toddlers we wondered when to let them have ice cream. As preschoolers we wondered if we had the stamina to read one more book about back hoes or fairies. In early grade school we wondered if we should confiscate the weapons from their play as mobile pirates or if we should let them watch Star Wars?

All the while, our children have also been discovering and experimenting with their own ways of making decisions and choosing direction. They have been observing us, collecting information, polling peers, relatives, and professionals, and experimenting—all with the support of their family. As infants, they learned about what they could expect from adults around them; as toddlers, they tried to see what they could do for themselves; as preschoolers, they discovered friends. In elementary school their community grew, in middle school the expectations increased, and in high school, they began to dream of what was next.

My wish for each of you this New Year is to find as much joy as I have in the little moments of parenting that move quickly and have deep meaning.

Bec
**How Do I Read My Bill??**

Each month you are required to pay for the next four weeks of care plus the drop-in and/or meals from the previous four weeks of care. Bills are sent out by the 1st of the month and payments are due upon receipt.

For every week of care, there is a corresponding line item on your bill. Friday is used as the billing date for each week of care. We send you the entire bill for each term (3 months of charges) so that those who want to pay ahead with their financial aid can do so.

For example, the bill you received by December 1st listed the last four weeks of Fall Term, 11/21-12/16, plus any drop-in and/or meals from the second 4 weeks of Fall Term, 10/17-11/18 as your minimum amount due. All accounts must be paid before care can continue for a new term.

Robynn is available to go over your individual bill with you, at your request. Please feel free to contact her to set up an appointment at, 346-4282; rmedew@uoregon.edu.

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**Moss Street will be closed for Spring Break Week!!**

Due to reduced demand for break week care, Moss Street will not be offering child care for the Spring Break week, March 26 - 30, 2012.

As usual during a closure, parents can arrange individually with Moss Street student staff to have care provided in another location, such as your home. Babysitting lists are available in your child’s classroom.

Please consider your options now, so you have appropriate care secured when needed.

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**2011 Tax Statements Now Available**

Tax statements showing expenses and payments made during 2011 are ready. If you want or need one, please submit your request in writing and we will put it in your parent box outside your child’s classroom.

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**Inclement Weather**

When the University has a 2-hour delay due to inclement weather, Moss Street will have a 2-hour delay as well. We will open at 9:30 AM, instead of our normal opening time of 7:30 AM.

When the local schools are closed we offer, on a space available basis, additional hours of care for school age children, if needed.

These drop-in charges for childcare will be billed at your usual hourly rate. If Moss Street is officially closed or delayed, your bill will be adjusted accordingly.
UO FAMILY RECREATION OPEN HOUSE
FREE ADMISSION WITH UO ID

JAN 22, 2012
Student Recreation Center
University of Oregon

CELEBRATE THE REC CENTER FAMILY HOURS
special activities:
2-5pm: Rock wall, swimming & open gym
2-4pm: Ping pong & crafts
3-4pm: Meet the UO Duck
4-5pm: Mat room is open for tumbling

PARENTS MUST ACCOMPANY CHILDREN AT ALL UO FAMILY RECREATION OPEN HOUSE EVENTS
For more information contact Work-Life Resources at (541) 346-6292 or terraw@uoregon.edu. This event is sponsored by Work-Life Resources, Nontraditional Student Programs and the Student Rec Center.

FOR DISABILITY ACCOMMODATIONS, PLEASE CALL (541) 346-3159. WE ARE AN EQUAL OPPORTUNITY, AFFIRMATIVE ACTION INSTITUTION COMMITTED TO DIVERSITY AND COMPLIANCE WITH THE AMERICAN WITH DISABILITIES ACT.
For the 4th year in a row, the staff of the School Age Program threw a party for all the children, families, and student staff who have graduated from the School Age/Ellies Program (which ends at the end of 5th grade)! This year, like all previous years, was well attended by kids, ages 11-15! We had such a great time catching up with kids, parents, and staff!

Along with chatting, the kids enjoyed a walk down memory lane, which included playing in the fort, “trying” to ride the scooters and bikes, slam dunking the basket ball, playing a few rounds of tether ball, and ping pong, my personal favorite, the girls building a fort in the loft of Jay Room and leaving notes for the current Jays about who built them!

During the time children, families, and staff are here with us at Moss Street, we become more like family than just a care center and it’s great to know those who have grown up and moved on, feel the same way!
One of Moss Street’s most consistent kid attractions is the large salt water tank located in the lobby. When this facility was built in 2005, Megan Wheeler and George Rowe donated this tank to Moss Street. For several years before then, it was located in the EMU Preschool where Megan was a Lead Teacher.

All the living items in the tank are considered animals. We have snails, two brittle stars, several very small sea stars that were introduced via the live rock that provides attachment and hiding places for all the animals. Also a spiny urchin, a Hawkfish, our newest addition, and a large, old clownfish (“Nemo”). Clownfish get darker as they age. Clown or anemonefish are born male and then change to female if they are the dominant fish in an anemone. Since there is no other to rival our “Nemo”, it is likely female.

The disc and cora porus capricornus coral need calcium additives to build strong structures. Our disc coral has reproduced at least 10 other like animals (which we have shared with other tank owners) - an unusual occurrence we are told.

A five to ten gallon salt water exchange is done every other week by an outside company. Each day nutrients are added that feed the corals and help keep a healthy ph balance for all the animals. Tap water is triple filtered and kept in a reservoir and then added as needed to the under cabinet water basin. The amount of purified water added is determined by how much tank water has evaporated from day to day.

All the smaller anemones (rust, green and hair mushrooms) fight for dominance and flourish so much that when plants become unattached they are caught and discarded to try and keep their population under control.
# January/February 2012 Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>16</td>
<td>*Tuna Salad/Cheddar 0-3 Broc/M. Oranges 3-12 Broc/Celery/Oranges</td>
<td>Cheese Pizza Green Beans (0-3) Pineapple Olives Milk</td>
<td>*Turkey/Cheddar Pasta Salad Mixed Vegetables Bananas Milk</td>
<td>Refried Beans/ Cheese (GroundTurkey/ opt.) Brown Rice Corn Olives Peaches Milk</td>
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<tr>
<td>*Moss St. Closed Martin Luther King, Jr Day</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
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<table>
<thead>
<tr>
<th>Saturday</th>
<th>Sunday</th>
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<tbody>
<tr>
<td>*Fish Sticks Cheese Sticks Brown Rice Normandy Veggies Apples Milk</td>
<td>23</td>
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<tr>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>*Turkey Spaghetti Green Beans Pears Milk</td>
<td>Bean &amp; Cheese Burritos Corn Peaches Milk</td>
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<tr>
<td>26</td>
<td>27</td>
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<tr>
<td>Cheese Sandwiches Baked Beans Carrots Pickles Bananas Milk</td>
<td>*Turkey Hotdogs Carrots Strawberries Kiwi &amp; Pineapple Milk</td>
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<tr>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td>Cheese Quesadillas Refried Beans Corn Peaches Milk</td>
<td>*Tuna/Cheese Pasta Alfredo Peas Pears Milk</td>
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<tr>
<td>30</td>
<td>31</td>
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<tr>
<td>Turkey/Cheddar Focaccia Bread Broccoli Ranch Dressing Oranges Apples Milk</td>
<td>“Almost Lasagna” Green Beans Applesauce Milk</td>
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<tr>
<td>32</td>
<td>33</td>
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<td>36</td>
<td>37</td>
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Moss Street Children’s Center is an equal opportunity provider.

*Vegetarian substitution provided. Milk served with every meal.