



Fall Term Menu 2024

MSCC
1685 Moss Street Eugene, OR 97403



DATE	MON	TUE	WED	THURS	FRI
Sept 16-20	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Sept 30-Oct 4	Δ WGO's Cereal Δ Bananas Δ Milk	Δ WG Toast/Butter Δ Applesauce (1-2) Δ Apples (2-5) Δ Milk	Δ Yogurt Δ Berries Δ Milk	Δ WG Bagels Δ Cream Cheese Δ Bananas (1-2) Δ Oranges (2-5) Δ Milk	Δ WG English Muffins Δ Butter Δ Pears Δ Milk
Oct 14-18					
Oct 28-Nov 1					
Nov 12-15	<u>PM Snack</u>	<u>PM Snack</u>		<u>PM Snack</u>	<u>PM Snack</u>
Nov 25-27	◇ Saltines (1-5) ◇ WG Goldfish (2-5) ◇ Cheddar Slices	◇ WG Pita Bread ◇ Cucumbers ◇ Hummus		◇ Blueberry or Apple Muffins ◇ Peaches	◇ Ritz Crackers ◇ Cheese Sticks
Dec 9-13					
Sept 23-27	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Oct 7-10	Δ WG Puffed Rice Cereal Δ Bananas Δ Milk	Δ Cottage Cheese Δ Peaches/Pears Δ Milk	Δ WG Cinnamon Toast Δ Butter Δ Applesauce Δ Milk	Δ WG Waffles Δ Berries Δ Milk	Δ WGO's Cereal (1-2) Δ Cornflakes (2-5) Δ Bananas Δ Milk
Oct 21-25					
Nov 4-8					
Nov 18-22	<u>PM Snack</u>	<u>PM Snack</u>		<u>PM Snack</u>	<u>PM Snack</u>
Dec 2-6	◇ WG Tortillas ◇ Fiesta Cheeses ◇ Salsa	◇ WG Bagels ◇ Cream Cheese ◇ Mix Veggies (1-2) ◇ Carrots (2-5)		◇ Ritz Crackers (1-5) ◇ Wheat Thins (2-5) ◇ Hummus	◇ Graham Crackers ◇ Cheese Sticks
Dec 16-20					

Water served all day
WG = Whole Grain

*Seasonal, fresh fruit will be served when available

Milk served to children 12-23 mo. is whole milk
Milk served to children 2 yr. and older is 1% or skim milk