



Winter Term Menu 2025

MSCC
1685 Moss Street Eugene, OR 97403



DATE	MON	TUE	WED	THURS	FRI
January 6-10	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
January 21-24	Δ WGO's Cereal	Δ WGT Toast	Δ Cottage Cheese	Δ WG Cinnamon Toast	Δ Waffles
February 3-7	Δ Bananas	Δ Butter/Jam	Δ Peaches/Pears	Δ Cream Cheese	Δ Mixed Berries
February 18-21	Δ Milk	Δ Blueberries	Δ Milk	Δ Applesauce (1-2)	Δ Milk
March 3-7	<u>PM Snack</u>	<u>PM Snack</u>		<u>PM Snack</u>	<u>PM Snack</u>
March 17-21	◇ Ritz Crackers (1-5)	◇ Gingerbread Muffins		◇ Pita Bread	◇ Saltines
	◇ Goldfish (3-5)	◇ Applesauce		◇ Hummus	◇ Cheddar Slices
	◇ Cheese Sticks			◇ Mixed Veggies (1-2)	
				◇ Carrots (3-5)	
January 13-17	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Jan 27-31	Δ Rice Puffs (1-2)	Δ WG English Muffin	Δ Yogurt	Δ Oatmeal	Δ WGT Toast
February 10-14	Δ Corn Flakes (3-5)	Δ Butter/Jam	Δ Mixed Berries	Δ Bananas	Δ Peaches (1-2)
Feb 24-28	Δ Bananas	Δ Applesauce (1-2)	Δ Milk	Δ Milk	Δ Oranges (3-5)
March 10-14	Δ Milk	Δ Apples (3-5)			Δ Milk
		Δ Milk			
	<u>PM Snack</u>	<u>PM Snack</u>		<u>PM Snack</u>	<u>PM Snack</u>
	◇ Ritz Crackers (1-5)	◇ WG Bagels		◇ WG Tortillas	◇ Graham Crackers
	◇ Wheat Thins (3-5)	◇ Cream Cheese		◇ Fiesta Cheese	◇ Pears (1-2)
	◇ Cheese Sticks	◇ Peas (1-2)		◇ Salsa / Ranch	◇ Apples (3-5)
		◇ Cucumbers (3-5)			

Water served all day
WG = Whole Grain
GF=Gluten free

(1-2) = 12-24mos (3-5) = 3-5yrs
*Seasonal, fresh fruit will be served when available

Milk served to children 12-23 mo. is whole milk
Milk served to children 2 yr. and older is 1% or skim milk